

White Bear High School

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Minnesota State True Team - 5/11/2010  
Section 5AAA - Track & Field Championship  
White Bear Stadium  
Results

Event 1 Girls 4x800 Meter Relay

School	Finals	Points
Finals		
1 Mahtomedi	10:02.02	32
2 North	10:03.22	28
3 White Bear Lake	10:06.03	24
4 Blaine	10:08.13	20
5 Centennial	10:15.30	16
6 Forest Lake	10:18.02	12
7 Cambridge-Isanti	10:32.29	8
-- St. Francis	DNS	

Combined Team Scores - 1 Events Scored

1) Mahtomedi	32	2) North	28
3) White Bear Lake	24	4) Blaine	20
5) Centennial	16	6) Forest Lake	12
7) Cambridge-Isanti	8		

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 3 Girls 100 Meter Hurdles**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Blair, Maggie	Blaine	15.03	24
2 Townley, Kirstie	White Bear Lake	15.07	23
3 Kalk, Rachel	Cambridge-Isanti	15.68	22
4 Van Heel, Ann	Forest Lake	15.77	21
5 Jones, Erin	Centennial	16.54	18
6 Pieper, Brittany	Mahtomedi	17.69	15
7 Kane, Amanda	North	17.97	12
8 Holthus, Heidi	St. Francis	18.67	5
<b>Section 2</b>			
1 Mueller, Hannah	Cambridge-Isanti	16.12	20
2 Schroeder, Leslie	White Bear Lake	16.33	19
3 Ohmann, Andrea	Blaine	17.01	16
4 Jandrich, Esther	Forest Lake	17.83	14
5 Destache, Tera	Mahtomedi	17.96	13
6 Yorkovich, Jenna	North	18.38	9
7 Clark, Britta	Centennial	19.81	3
8 Cich, Ronny	St. Francis	19.88	2
<b>Section 3</b>			
1 Redfield, Megan	Cambridge-Isanti	16.96	17
2 Kirkland, Amanda	White Bear Lake	18.05	11
3 Holsten, Hannah	Mahtomedi	18.18	10
4 Clifford, Julia	Blaine	18.40	8
5 Larson, Trista	North	18.43	7
6 Litecky, Elsa	Forest Lake	18.66	6
7 Cannon, Emma	Centennial	18.93	4
8 Larson, Tori	St. Francis	21.35	1

**Event 3 Girls 100 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Blair, Maggie	Blaine	15.03	24
2 Townley, Kirstie	White Bear Lake	15.07	23
3 Kalk, Rachel	Cambridge-Isanti	15.68	22
4 Van Heel, Ann	Forest Lake	15.77	21
5 Mueller, Hannah	Cambridge-Isanti	16.12	20
6 Schroeder, Leslie	White Bear Lake	16.33	19
7 Jones, Erin	Centennial	16.54	18
8 Redfield, Megan	Cambridge-Isanti	16.96	17
9 Ohmann, Andrea	Blaine	17.01	16
10 Pieper, Brittany	Mahtomedi	17.69	15
11 Jandrich, Esther	Forest Lake	17.83	14
12 Destache, Tera	Mahtomedi	17.96	13
13 Kane, Amanda	North	17.97	12
14 Kirkland, Amanda	White Bear Lake	18.05	11
15 Holsten, Hannah	Mahtomedi	18.18	10
16 Yorkovich, Jenna	North	18.38	9
17 Clifford, Julia	Blaine	18.40	8
18 Larson, Trista	North	18.43	7
19 Litecky, Elsa	Forest Lake	18.66	6

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 5 Girls 100 Meter Dash**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Murphey, Nicole	Blaine	12.71	24
2 Homan, Sonja	St. Francis	12.89	23
3 Burman, Lindsay	Cambridge-Isanti	13.01	22
4 Bolton, Mehan	Mahtomedi	13.22	21
5 Acosta, Adri	Forest Lake	13.23	20
6 Murphy, Gabrielle	North	13.41	15.50
7 Kinnel, Skye	White Bear Lake	13.79	10
8 Hanson, Erin	Centennial	13.94	5
<b>Section 2</b>			
1 Brett, Taylor	Forest Lake	13.34	18
2 Nelson, Katie	Blaine	13.38	17
3 Ziebarth, Michelle	Cambridge-Isanti	13.41	15.50
4 Johnson, Delaney	Mahtomedi	13.67	11
5 Anderson, Chelsey	North	13.82	8.50
6 Anderson, Suzette	Centennial	13.87	6
7 Shryer, Maja	White Bear Lake	13.96	3
8 Burley, Katie	St. Francis	14.04	2
<b>Section 3</b>			
1 Ninas, Crystal	White Bear Lake	13.26	19
2 Ederer, Katie	Blaine	13.45	14
3 Jandrich, Esther	Forest Lake	13.55	13
4 Braddock, Sabrina	Mahtomedi	13.63	12
5 Fahnbulleh, Bintu	North	13.82	8.50
6 Falk, Jordan	St. Francis	13.85	7
7 Ritchie, Alaina	Cambridge-Isanti	13.95	4
8 Anderson, Jasmine	Centennial	14.47	1

**Event 5 Girls 100 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Murphey, Nicole	Blaine	12.71	24
2 Homan, Sonja	St. Francis	12.89	23
3 Burman, Lindsay	Cambridge-Isanti	13.01	22
4 Bolton, Mehan	Mahtomedi	13.22	21
5 Acosta, Adri	Forest Lake	13.23	20
6 Ninas, Crystal	White Bear Lake	13.26	19
7 Brett, Taylor	Forest Lake	13.34	18
8 Nelson, Katie	Blaine	13.38	17
9 Ziebarth, Michelle	Cambridge-Isanti	13.41	15.50
9 Murphy, Gabrielle	North	13.41	15.50
11 Ederer, Katie	Blaine	13.45	14
12 Jandrich, Esther	Forest Lake	13.55	13
13 Braddock, Sabrina	Mahtomedi	13.63	12
14 Johnson, Delaney	Mahtomedi	13.67	11
15 Kinnel, Skye	White Bear Lake	13.79	10
16 Fahnbulleh, Bintu	North	13.82	8.50
16 Anderson, Chelsey	North	13.82	8.50
18 Falk, Jordan	St. Francis	13.85	7
19 Anderson, Suzette	Centennial	13.87	6

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Minnesota State True Team - 5/11/2010  
Section 5AAA - Track & Field Championship  
White Bear Stadium  
Results

Girls 4x200 Meter Relay

School	Seed	Finals	Points
Finals			
1 St. Francis		1:45.09	32
2 Forest Lake		1:48.78	28
3 White Bear Lake		1:50.15	24
4 Blaine		1:50.48	20
5 Cambridge-Isanti		1:51.25	16
6 Centennial		1:51.40	12
7 North		1:52.28	8
-- Mahtomedi		DQ	

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 9 Girls 1600 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Johnson, Kayla	St. Francis	5:15.43	24
2 Colling, Julia	North	5:23.36	23
3 Coulter, Kelsey	White Bear Lake	5:27.43	22
4 Knickerbocker, Hannah	Cambridge-Isanti	5:27.63	21
5 Peterson, Elizabeth	Forest Lake	5:29.30	20
6 Hereid, Tera	Blaine	5:30.80	19
7 Kozak, Bethany	White Bear Lake	5:31.32	18
8 Wohlk, Rocci	Forest Lake	5:31.78	17
9 Winberg, Holly	Forest Lake	5:33.28	16
10 St. Martin, Natalie	Mahtomedi	5:38.28	15
11 Gregory, Elizabeth	Mahtomedi	5:38.67	14
12 Dreessen, Diana	St. Francis	5:41.61	13
13 Bowler, Sarah	Centennial	5:43.33	12
14 Shogren, Madeline	Blaine	5:46.18	11
15 Hannigan, Rachel	North	5:46.25	10
16 Lauzon, Megan	Mahtomedi	5:48.33	9
17 Prigge, Hannah	Cambridge-Isanti	5:48.66	8
18 Ouellette, Maddi	Cambridge-Isanti	5:48.94	7
19 VanderLinden, Emily	North	5:49.35	6
20 Benson, Natalie	Centennial	5:52.64	5
21 Kaiser, Rachel	White Bear Lake	5:54.44	4
22 Johnson, Julia	Blaine	5:59.73	3
23 Bullen, Dakotah	St. Francis	6:26.75	2
24 Cloutier, Calli	Centennial	6:47.14	1

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**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 11 Girls 4x100 Meter Relay**

School	Finals	Points
Finals		
1 Forest Lake	50.67	32
2 St. Francis	51.20	28
3 White Bear Lake	51.83	24
4 Mahtomedi	52.75	20
5 Cambridge-Isanti	54.01	16
6 Blaine	56.55	12
7 Centennial	56.99	8
8 North	57.81	4

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 13 Girls 400 Meter Dash**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Worthington, Kelly	St. Francis	59.11	24
2 Arveson, Elle	Mahtomedi	59.36	23
3 Lachinski, Hailey	Blaine	1:00.87	22
4 Steinhoff, Lara	Forest Lake	1:00.96	21
5 Muehlhauser, Paige	Cambridge-Isanti	1:01.76	20
6 Turi, Emily	North	1:01.81	19
7 Culp, Megan	Centennial	1:03.63	15
8 Woehrle, Samantha	White Bear Lake	1:04.71	13
<b>Section 2</b>			
1 Neubauer, Brooke	Blaine	1:02.28	18
2 Rivard, Sam	St. Francis	1:02.99	17
3 Hagen, Sarah	Forest Lake	1:04.65	14
4 Walsh, Anna	Mahtomedi	1:05.66	9
5 Keller, Andrea	White Bear Lake	1:05.76	8
6 Young, Allison	Cambridge-Isanti	1:06.55	6
7 Geiser, Emily	North	1:06.75	5
8 Piette, Maria	Centennial	1:08.58	3
<b>Section 3</b>			
1 Pafko, Ashley	Blaine	1:03.19	16
2 Anderson, Nicole	White Bear Lake	1:05.10	12
3 Thordson, Liz	Forest Lake	1:05.46	11
4 Schlenker, Abby	Cambridge-Isanti	1:05.64	10
5 Craft, Melissa	St. Francis	1:06.24	7
6 Frid, Laura	North	1:08.39	4
7 Braddock, Sabrina	Mahtomedi	1:12.44	2

**Event 13 Girls 400 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Worthington, Kelly	St. Francis	59.11	24
2 Arveson, Elle	Mahtomedi	59.36	23
3 Lachinski, Hailey	Blaine	1:00.87	22
4 Steinhoff, Lara	Forest Lake	1:00.96	21
5 Muehlhauser, Paige	Cambridge-Isanti	1:01.76	20
6 Turi, Emily	North	1:01.81	19
7 Neubauer, Brooke	Blaine	1:02.28	18
8 Rivard, Sam	St. Francis	1:02.99	17
9 Pafko, Ashley	Blaine	1:03.19	16
10 Culp, Megan	Centennial	1:03.63	15
11 Hagen, Sarah	Forest Lake	1:04.65	14
12 Woehrle, Samantha	White Bear Lake	1:04.71	13
13 Anderson, Nicole	White Bear Lake	1:05.10	12
14 Thordson, Liz	Forest Lake	1:05.46	11
15 Schlenker, Abby	Cambridge-Isanti	1:05.64	10
16 Walsh, Anna	Mahtomedi	1:05.66	9
17 Keller, Andrea	White Bear Lake	1:05.76	8
18 Craft, Melissa	St. Francis	1:06.24	7
19 Young, Allison	Cambridge-Isanti	1:06.55	6
20 Geiser, Emily	North	1:06.75	5
21 Frid, Laura	North	1:08.39	4
22 Piette, Maria	Centennial	1:08.58	3
23 Braddock, Sabrina	Mahtomedi	1:12.44	2

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 15 Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Townley, Kirstie	White Bear Lake	46.83	24
2 Van Heel, Ann	Forest Lake	47.47	23
3 Destache, Jackie	Mahtomedi	47.48	22
4 Ogne, Taylor	North	49.62	20
5 Jones, Erin	Centennial	49.94	18.50
6 Kalk, Rachel	Cambridge-Isanti	50.09	17
7 Ohmann, Andrea	Blaine	50.41	16
8 Holthus, Heidi	St. Francis	51.59	11.50
<b>Section 2</b>			
1 Schroeder, Leslie	White Bear Lake	48.09	21
2 Destache, Tera	Mahtomedi	49.94	18.50
3 Peterson, Tessa	North	50.61	15
4 Redfield, Megan	Cambridge-Isanti	51.46	13
5 Clifford, Julia	Blaine	51.76	10
6 Cannon, Emma	Centennial	51.79	9
7 Litecky, Elsa	Forest Lake	52.71	6
8 Cich, Ronny	St. Francis	55.01	4
<b>Section 3</b>			
1 Kirkland, Amanda	White Bear Lake	50.62	14
2 Larson, Natalie	Cambridge-Isanti	51.59	11.50
3 Holsten, Hannah	Mahtomedi	51.99	8
4 Carlson, Amanda	North	52.19	7
5 Young, Amanda	Blaine	54.01	5
6 Larson, Tori	St. Francis	55.56	3
7 Kieselhorst, Suzie	Centennial	57.30	2
8 Smoczyk, Amber	Forest Lake	59.13	1

**Event 15 Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Townley, Kirstie	White Bear Lake	46.83	24
2 Van Heel, Ann	Forest Lake	47.47	23
3 Destache, Jackie	Mahtomedi	47.48	22
4 Schroeder, Leslie	White Bear Lake	48.09	21
5 Ogne, Taylor	North	49.62	20
6 Jones, Erin	Centennial	49.94	18.50
6 Destache, Tera	Mahtomedi	49.94	18.50
8 Kalk, Rachel	Cambridge-Isanti	50.09	17
9 Ohmann, Andrea	Blaine	50.41	16
10 Peterson, Tessa	North	50.61	15
11 Kirkland, Amanda	White Bear Lake	50.62	14
12 Redfield, Megan	Cambridge-Isanti	51.46	13
13 Holthus, Heidi	St. Francis	51.59	11.50
13 Larson, Natalie	Cambridge-Isanti	51.59	11.50
15 Clifford, Julia	Blaine	51.76	10
16 Cannon, Emma	Centennial	51.79	9
17 Holsten, Hannah	Mahtomedi	51.99	8
18 Carlson, Amanda	North	52.19	7
19 Litecky, Elsa	Forest Lake	52.71	6
20 Young, Amanda	Blaine	54.01	5
21 Cich, Ronny	St. Francis	55.01	4
22 Larson, Tori	St. Francis	55.56	3
23 Kieselhorst, Suzie	Centennial	57.30	2
24 Smoczyk, Amber	Forest Lake	59.13	1



**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 17 Girls 800 Meter Run**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Johnson, Kayla	St. Francis	2:22.67	23
2 Kienholz, Megan	Centennial	2:23.69	22
3 Lutz, Jordan	Mahtomedi	2:24.94	21
4 Janssen, Cassie	North	2:26.81	20
5 Harper, Erin	Blaine	2:27.50	18
6 Muehlhauser, Paige	Cambridge-Isanti	2:28.88	16
7 Thobe, Cassie	Forest Lake	2:29.56	15
8 Kozak, Bethany	White Bear Lake	2:29.83	14
<b>Section 2</b>			
1 Kne, Alaina	St. Francis	2:22.52	24
2 Foley, Jordyn	White Bear Lake	2:27.17	19
3 Turi, Rachel	North	2:27.91	17
4 Van Bergen, Abbie	Forest Lake	2:33.38	12
5 Kretschmer, Lexie	Centennial	2:35.10	10
6 Stratton, Amanda	Blaine	2:36.38	7
7 Ledermann, Katie	Mahtomedi	2:39.39	4
8 Ouellette, Maddi	Cambridge-Isanti	2:39.99	2
<b>Section 3</b>			
1 Anderson, Ally	Blaine	2:32.49	13
2 Dreessen, Diana	St. Francis	2:33.69	11
3 Sell, Abbie	White Bear Lake	2:35.26	9
4 Lipp, Heather	Forest Lake	2:35.32	8
5 Hannigan, Rachel	North	2:38.37	6
6 Benson, Amber	Cambridge-Isanti	2:38.82	5
7 Anderson, Bailey	Mahtomedi	2:39.73	3
8 Stremcha, Becca	Centennial	2:53.38	1

**Event 17 Girls 800 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Kne, Alaina	St. Francis	2:22.52	24
2 Johnson, Kayla	St. Francis	2:22.67	23
3 Kienholz, Megan	Centennial	2:23.69	22
4 Lutz, Jordan	Mahtomedi	2:24.94	21
5 Janssen, Cassie	North	2:26.81	20
6 Foley, Jordyn	White Bear Lake	2:27.17	19
7 Harper, Erin	Blaine	2:27.50	18
8 Turi, Rachel	North	2:27.91	17
9 Muehlhauser, Paige	Cambridge-Isanti	2:28.88	16
10 Thobe, Cassie	Forest Lake	2:29.56	15
11 Kozak, Bethany	White Bear Lake	2:29.83	14
12 Anderson, Ally	Blaine	2:32.49	13
13 Van Bergen, Abbie	Forest Lake	2:33.38	12
14 Dreessen, Diana	St. Francis	2:33.69	11
15 Kretschmer, Lexie	Centennial	2:35.10	10
16 Sell, Abbie	White Bear Lake	2:35.26	9
17 Lipp, Heather	Forest Lake	2:35.32	8
18 Stratton, Amanda	Blaine	2:36.38	7
19 Hannigan, Rachel	North	2:38.37	6
20 Benson, Amber	Cambridge-Isanti	2:38.82	5
21 Ledermann, Katie	Mahtomedi	2:39.39	4
22 Anderson, Bailey	Mahtomedi	2:39.73	3
23 Ouellette, Maddi	Cambridge-Isanti	2:39.99	2
24 Stremcha, Becca	Centennial	2:53.38	1

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 19 Girls 200 Meter Dash**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Justin, Jessica	St. Francis	26.45	24
2 Jones, Calley	Forest Lake	26.60	23
3 Schevenius, Laura	Centennial	26.97	22
4 Arveson, Elle	Mahtomedi	26.99	21
5 Blair, Maggie	Blaine	27.01	20
6 Burman, Lindsay	Cambridge-Isanti	27.53	16.50
7 Watson, Hannah	White Bear Lake	28.08	11
8 Brastad, Kristin	North	28.38	9
<b>Section 2</b>			
1 Acosta, Adri	Forest Lake	27.32	18
2 Bolton, Mehan	Mahtomedi	27.64	15
3 Stedman, Julia	North	27.85	14
4 Pawlik, Hannah	Blaine	27.99	13
5 Young, Erica	Cambridge-Isanti	28.06	12
6 Bogdanovich, Samantha	White Bear Lake	28.41	7.50
7 Craft, Melissa	St. Francis	28.62	5
8 Piette, Maria	Centennial	29.54	2
<b>Section 3</b>			
1 Lachinski, Hailey	Blaine	27.21	19
2 McKinney, Tianna	White Bear Lake	27.53	16.50
3 Langmade, Tara	Mahtomedi	28.31	10
4 Cheikh, Amina	Forest Lake	28.41	7.50
5 Ziebarth, Michelle	Cambridge-Isanti	28.42	6
6 Pearson, Jessica	North	29.20	4
7 Hanson, Erin	Centennial	29.30	3

**Event 19 Girls 200 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Justin, Jessica	St. Francis	26.45	24
2 Jones, Calley	Forest Lake	26.60	23
3 Schevenius, Laura	Centennial	26.97	22
4 Arveson, Elle	Mahtomedi	26.99	21
5 Blair, Maggie	Blaine	27.01	20
6 Lachinski, Hailey	Blaine	27.21	19
7 Acosta, Adri	Forest Lake	27.32	18
8 Burman, Lindsay	Cambridge-Isanti	27.53	16.50
8 McKinney, Tianna	White Bear Lake	27.53	16.50
10 Bolton, Mehan	Mahtomedi	27.64	15
11 Stedman, Julia	North	27.85	14
12 Pawlik, Hannah	Blaine	27.99	13
13 Young, Erica	Cambridge-Isanti	28.06	12
14 Watson, Hannah	White Bear Lake	28.08	11
15 Langmade, Tara	Mahtomedi	28.31	10
16 Brastad, Kristin	North	28.38	9
17 Bogdanovich, Samantha	White Bear Lake	28.41	7.50
17 Cheikh, Amina	Forest Lake	28.41	7.50
19 Ziebarth, Michelle	Cambridge-Isanti	28.42	6
20 Craft, Melissa	St. Francis	28.62	5
21 Pearson, Jessica	North	29.20	4
22 Hanson, Erin	Centennial	29.30	3
23 Piette, Maria	Centennial	29.54	2

Minnesota State True Team - 5/11/2010  
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Results

**Event 21 Girls 3200 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Knickerbocker, Hannah	Cambridge-Isanti	11:53.71	24
2 Peterson, Elizabeth	Forest Lake	11:58.23	23
3 Wohlk, Rocci	Forest Lake	12:00.75	22
4 Hereid, Tera	Blaine	12:04.96	21
5 Gregory, Elizabeth	Mahtomedi	12:06.66	20
6 Winberg, Holly	Forest Lake	12:10.70	19
7 O'Hotto, Rebecca	St. Francis	12:22.44	18
8 Nelson, Alex	Cambridge-Isanti	12:24.78	17
9 Coulter, Kelsey	White Bear Lake	12:25.91	16
10 Ogne, Baileigh	North	12:31.80	15
11 St. Martin, Natalie	Mahtomedi	12:35.10	14
12 Lauzon, Megan	Mahtomedi	12:37.64	13
13 Shogren, Madeline	Blaine	12:49.60	12
14 Schlafke, Katie	White Bear Lake	12:57.43	11
15 Janzen, Anika	Centennial	12:59.20	10
16 Gill, Charlotte	North	13:00.93	9
17 Florin, Heidi	North	13:31.09	8
18 Johnson, Dayna	White Bear Lake	13:35.10	7
19 Hoyles, Katie	Blaine	13:36.48	6
20 Ouellette, Taylor	Cambridge-Isanti	13:39.62	5
21 Bullen, Dakotah	St. Francis	14:13.35	4
22 Tolkinen, Jane	Centennial	15:03.25	3

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**Minnesota State True Team - 5/11/2010**  
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**Results**

**Event 23 Girls 4x400 Meter Relay**

School	Finals	Points
Finals		
1 St. Francis	4:07.34	32
2 Mahtomedi	4:10.27	28
3 Blaine	4:14.73	24
4 White Bear Lake	4:15.63	20
5 Forest Lake	4:15.76	16
6 North	4:18.92	12
7 Cambridge-Isanti	4:19.85	8
8 Centennial	4:23.34	4

Minnesota State True Team - 5/11/2010  
Section 5AAA - Track & Field Championship  
White Bear Stadium  
Results

**Event 25 Girls Long Jump**

Name	Year School	Finals	Points
Finals			
1 Murphey, Nicole	Blaine	17-11.50	24
2 Murphy, Gabrielle	North	15-11.25	23
3 Mueller, Hannah	Cambridge-Isanti	15-10.25	22
4 Bilderback, Kayla	Centennial	15-10.00	21
5 Kalk, Rachel	Cambridge-Isanti	15-07.25	20
6 Pieper, Brittany	Mahtomedi	15-07.00	19
7 Sues, Kayla	Forest Lake	15-05.00	18
8 Pett, Amanda	St. Francis	15-03.50	17
9 Pringle, KC	Forest Lake	J15-03.50	16
10 Danninger, Erin	Forest Lake	14-11.75	15
11 Mosley, Krystal	Blaine	14-10.25	14
12 Fahnbulleh, Bintu	North	14-09.75	13
13 Nassif, Nadia	Cambridge-Isanti	J14-09.75	12
14 Stedman, Julia	North	14-08.50	11
15 Craft, Melissa	St. Francis	14-05.00	10
16 Hulkonen, Jamie	White Bear Lake	14-03.25	9
17 Mirza, Jordan	White Bear Lake	14-00.00	8
18 Gapp, Elizabeth	White Bear Lake	J14-00.00	7
19 Nester, Sara	Mahtomedi	13-09.75	6
20 Walker, Sarah	Centennial	13-08.00	5
21 Nelson, Kelsey	Mahtomedi	13-04.50	4
22 Ederer, Katie	Blaine	13-04.25	3
23 Ewen, Alicia	St. Francis	13-01.75	2
24 Ngongang, Tatiana	Centennial	12-06.50	1

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 27 Girls Triple Jump**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Pett, Amanda	St. Francis	35-11.00	24
2 Murphey, Nicole	Blaine	35-05.00	23
3 Kalk, Rachel	Cambridge-Isanti	34-10.50	22
4 Townley, Kirstie	White Bear Lake	34-06.75	21
5 Murphy, Gabrielle	North	34-02.00	20
6 Stedman, Julia	North	33-01.00	19
7 Bilderback, Kayla	Centennial	32-10.75	18
8 Kroshus, Lizzi	Mahtomedi	32-09.00	17
9 Johnson, Delaney	Mahtomedi	32-06.50	16
10 Pieper, Brittany	Mahtomedi	32-04.75	15
11 Mueller, Hannah	Cambridge-Isanti	32-02.75	14
12 Danninger, Erin	Forest Lake	32-00.25	13
13 Ederer, Katie	Blaine	32-00.00	12
14 Gapp, Elizabeth	White Bear Lake	31-08.50	11
15 Larson, Natalie	Cambridge-Isanti	J31-08.50	10
16 Ternes, Allison	White Bear Lake	31-07.00	9
17 Kirchner, Krista	Forest Lake	31-06.00	8
18 Suess, Kayla	Forest Lake	30-07.25	7
19 Pafko, Ashley	Blaine	30-05.75	6
20 Hunt, Ann	St. Francis	29-04.75	5
21 Gray, Megan	North	29-01.00	4
22 Crocker, Nicole	Centennial	28-09.00	3
23 Cafferty, Abby	Centennial	27-07.75	2
24 Meyer, Tanya	St. Francis	24-10.00	1

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 29 Girls High Jump**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Olsen, Kirsten	Blaine	5-00.00	24
2 Maixner, Sammi	Mahtomedi	J5-00.00	23
3 Ogne, Taylor	North	J5-00.00	22
4 Nelson, Grace	Cambridge-Isanti	4-10.00	21
5 Kroshus, Lizzi	Mahtomedi	J4-10.00	20
6 Shumaker, Rachel	Forest Lake	4-08.00	18.50
6 Rogers, Hannah	Blaine	4-08.00	18.50
8 Greeder, Ashley	Mahtomedi	J4-08.00	17
9 Zoumanigui, Antoinette	Blaine	J4-08.00	15.50
9 Longfellow, Annie	Forest Lake	J4-08.00	15.50
11 Odmark, Ellen	White Bear Lake	J4-08.00	14
12 Townley, Kirstie	White Bear Lake	4-06.00	13
13 Page, Katrina	Cambridge-Isanti	J4-06.00	11.50
13 Douglass, Sarah	Cambridge-Isanti	J4-06.00	11.50
15 Lawson, Hannah	Forest Lake	J4-06.00	10
16 Patterson, Allie	Centennial	4-03.00	9
17 Piette, Maria	Centennial	J4-03.00	8
18 Longendyke, Katie	White Bear Lake	J4-03.00	7
19 Hicks, Katie	St. Francis	J4-03.00	6
20 Toy, Emily	North	4-00.00	5
21 Hinich, Liz	Centennial	J4-00.00	4
22 Kane, Amanda	North	J4-00.00	3

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Event 31 Girls Pole Vault**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Brett, Taylor	Forest Lake	10-06.00	24
2 Blair, Maggie	Blaine	9-06.00	23
3 Vincent, Nicole	St. Francis	J9-06.00	22
4 Pringle, KC	Forest Lake	9-00.00	21
5 LaBeaux, Lindsey	St. Francis	J9-00.00	20
6 Johnson, Maggie	Cambridge-Isanti	8-06.00	19
7 Nelson, Adelle	Cambridge-Isanti	8-00.00	18
8 Clifford, Julia	Blaine	J8-00.00	17
9 Walker, Sarah	Centennial	7-00.00	14
9 OlGrady, Marisa	Centennial	7-00.00	14
9 Hronski, Danielle	White Bear Lake	7-00.00	14
9 Cohoes, Hailee	Forest Lake	7-00.00	14
9 Brown, McKenzie	White Bear Lake	7-00.00	14
14 Seidel, Melissa	White Bear Lake	J7-00.00	11
15 Schotters, Brooke	Centennial	J7-00.00	9.50
15 Anderson, Rocelle	Cambridge-Isanti	J7-00.00	9.50
17 Kurkowski, Sami	Mahtomedi	6-00.00	6.50
17 Nelson, Kelsey	Mahtomedi	6-00.00	6.50
17 Larson, Trista	North	6-00.00	6.50
17 Diesslin, Theresa	North	6-00.00	6.50
21 Maixner, Sammi	Mahtomedi	J6-00.00	4
-- Hoover, Jessica	Blaine	NH	



Minnesota State True Team - 5/11/2010  
Section 5AAA - Track & Field Championship  
White Bear Stadium  
Results

**Event 35 Girls Discus Throw**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Ewen, Maggie	St. Francis	147-08	24
2 Guenther, Samantha	White Bear Lake	120-10	23
3 Jergensen, Stephanie	Blaine	108-02	22
4 Zajac, Haley	Mahtomedi	107-01	21
5 Anderson, Sam	Forest Lake	103-05	20
6 McGill, Megan	Mahtomedi	100-06	19
7 Kirtland, Brynn	North	99-09	18
8 Booker, Maya	North	99-07	17
9 Kytta, Hayley	Blaine	98-10	16
10 Holmes, Amy	Forest Lake	98-07	15
11 Anderson, Dani	Blaine	97-05	14
12 Hammond, Desirae	White Bear Lake	95-02	13
13 Kennedy, Heather	Mahtomedi	93-03	12
14 Danninger, Erin	Forest Lake	92-11	11
15 Ngongang, Tatiana	Centennial	87-07	10
16 Guenther, Angie	White Bear Lake	85-11	9
17 Veenstra, Brenna	St. Francis	85-02	8
18 Swanson, Ellen	North	84-08	7
19 Lynch, Maria	Centennial	83-08	6
20 Lindahl, Adrienne	St. Francis	78-04	5
21 Zins, Mary Beth	Cambridge-Isanti	77-04	4
22 DeVries, Abby	Cambridge-Isanti	75-06	3
23 Shugren, Kara	Cambridge-Isanti	71-03	2
24 Pack, Lauren	Centennial	60-04	1

**Minnesota State True Team - 5/11/2010**  
**Section 5AAA - Track & Field Championship**  
**White Bear Stadium**  
**Results**

**Girls Shot Put**

Name	Year School	Seed	Finals	Points
<b>Finals</b>				
1 Ewen, Maggie	St. Francis		42-00.00	24
2 Zajac, Haley	Mahtomedi		39-03.00	23
3 Guenther, Samantha	White Bear Lake		38-01.50	22
4 Jergensen, Stephanie	Blaine		37-11.50	21
5 Guenther, Angie	White Bear Lake		37-08.25	20
6 Colter, Rachel	North		35-05.75	19
7 Holmes, Amy	Forest Lake		35-04.25	18
8 O'Donnell, Courtney	Forest Lake		34-08.50	17
9 Ngongang, Vivian	Centennial		34-01.50	16
10 Anderson, Sam	Forest Lake		34-01.00	15
11 Santiago, Emily	Cambridge-Isanti		33-02.50	14
12 McGill, Megan	Mahtomedi		33-00.50	13
13 Hanson, Erin	Centennial		32-01.50	12
14 Kennedy, Heather	Mahtomedi		31-08.00	11
15 Booker, Maya	North		31-02.50	10
16 Grundhoffer, Amanda	White Bear Lake		30-07.50	9
17 King, Marissa	Blaine		30-05.00	8
18 Ngongang, Tatiana	Centennial		30-03.50	7
19 Kirtland, Brynn	North		30-01.25	6
20 Larson, Natalie	Cambridge-Isanti		29-08.50	5
21 Veenstra, Brenna	St. Francis		29-00.00	4
22 Anderson, Dani	Blaine		28-06.25	3
23 Lindahl, Adrienne	St. Francis		28-06.00	2
24 DeVries, Abby	Cambridge-Isanti		26-09.50	1

Minnesota State True Team - 5/11/2010  
Section SAAA - Track & Field Championship  
White Bear Stadium

Event 1 Girls 4x800 Meter Relay

School	Finals	Points
Finals		
1 Mahtomedi	10:02.02	32
2 North	10:03.22	28
3 White Bear Lake	10:06.03	24
4 Blaine	10:08.13	20
5 Centennial	10:15.30	16
6 Forest Lake	10:18.02	12
7 Cambridge-Isanti	10:32.29	8
8 St. Francis	DNS	

Event 3 Girls 100 Meter Hurdles

Name	Year School	Finals	Points
Section 1			
1 Blair, Maggie	Blaine	15.03	24
2 Townley, Kirstie	White Bear Lake	15.07	23
3 Kalk, Rachel	Cambridge-Isanti	15.68	22
4 Van Heel, Ann	Forest Lake	15.77	21
5 Jones, Erin	Centennial	16.54	18
6 Pieper, Brittany	Mahtomedi	17.69	15
7 Kane, Amanda	North	17.97	12
8 Holthus, Heidi	St. Francis	18.67	5
Section 2			
1 Mueller, Hannah	Cambridge-Isanti	16.12	20
2 Schroeder, Leslie	White Bear Lake	16.33	19
3 Ohmann, Andrea	Blaine	17.01	16
4 Jandrich, Esther	Forest Lake	17.83	14
5 Destache, Tera	Mahtomedi	17.96	13
6 Yorkovich, Jenna	North	18.38	9
7 Clark, Britta	Centennial	19.81	3
8 Cich, Ronny	St. Francis	19.88	2
Section 3			
1 Redfield, Megan	Cambridge-Isanti	16.96	17
2 Kirkland, Amanda	White Bear Lake	18.05	11
3 Holsten, Hannah	Mahtomedi	18.18	10
4 Clifford, Julia	Blaine	18.40	8
5 Larson, Trista	North	18.43	7
6 Litecky, Elsa	Forest Lake	18.56	6
7 Cannop, Emma	Centennial	18.93	4
8 Larson, Tori	St. Francis	21.35	1

Event 3 Girls 100 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Blair, Maggie	Blaine	15.03	24
2 Townley, Kirstie	White Bear Lake	15.07	23
3 Kalk, Rachel	Cambridge-Isanti	15.68	22
4 Van Heel, Ann	Forest Lake	15.77	21
5 Mueller, Hannah	Cambridge-Isanti	16.12	20
6 Schroeder, Leslie	White Bear Lake	16.33	19
7 Jones, Erin	Centennial	16.54	18
8 Redfield, Megan	Cambridge-Isanti	16.96	17
9 Ohmann, Andrea	Blaine	17.01	16
10 Pieper, Brittany	Mahtomedi	17.69	15
11 Jandrich, Esther	Forest Lake	17.83	14
12 Destache, Tera	Mahtomedi	17.96	13
13 Kane, Amanda	North	17.97	12
14 Kirkland, Amanda	White Bear Lake	18.05	11
15 Holsten, Hannah	Mahtomedi	18.18	10
16 Yorkovich, Jenna	North	18.38	9
17 Clifford, Julia	Blaine	18.40	8
18 Larson, Trista	North	18.43	7
19 Litecky, Elsa	Forest Lake	18.56	6

Event 35 Girls Discus Throw

Name	Year School	Finals	Points
Finals			
1 Ewen, Maggie	St. Francis	147-08	24
2 Guenther, Samantha	White Bear Lake	120-10	23
3 Jergensen, Stephanie	Blaine	108-02	22
4 Zajac, Haley	Mahtomedi	107-01	21
5 Anderson, Sam	Forest Lake	103-05	20
6 McGill, Megan	Mahtomedi	100-06	19
7 Kirtland, Brynn	North	99-09	18
8 Booker, Maya	North	99-07	17
9 Kytta, Hayley	Blaine	98-10	16
10 Holmes, Amy	Forest Lake	98-07	15
11 Anderson, Dani	Blaine	97-05	14
12 Hammond, Desirae	White Bear Lake	95-02	13
13 Kennedy, Heather	Mahtomedi	93-03	12
14 Danninger, Erin	Forest Lake	92-11	11
15 Ngongang, Tatiana	Centennial	87-07	10
16 Guenther, Angie	White Bear Lake	85-11	9
17 Veenstra, Brenna	St. Francis	85-02	8
18 Swanson, Ellen	North	84-08	7
19 Lynch, Maria	Centennial	83-08	6
20 Lindahl, Adrienne	St. Francis	78-04	5
21 Zins, Mary Beth	Cambridge-Isanti	77-04	4
22 DeVries, Abby	Cambridge-Isanti	75-06	3
23 Shugren, Kara	Cambridge-Isanti	71-03	2

Event 5 Girls 100 Meter Dash

Name	Year School	Finals	Points
Section 1			
1 Murphey, Nicole	Blaine	12.71	24
2 Homan, Sonja	St. Francis	12.89	23
3 Burman, Lindsay	Cambridge-Isanti	13.01	22
4 Bolton, Mehan	Mahtomedi	13.22	21
5 Acosta, Adri	Forest Lake	13.23	20
6 Murphy, Gabrielle	North	13.41	15.50
7 Kinnel, Skye	White Bear Lake	13.79	10
8 Hanson, Erin	Centennial	13.94	5
Section 2			
1 Brett, Taylor	Forest Lake	13.34	18
2 Nelson, Katie	Blaine	13.38	17
3 Ziebarth, Michelle	Cambridge-Isanti	13.41	15.50
4 Johnson, Delaney	Mahtomedi	13.67	11
5 Anderson, Chelsey	North	13.82	8.50
6 Anderson, Suzette	Centennial	13.87	6
7 Shryer, Maja	White Bear Lake	13.96	3
8 Burley, Katie	St. Francis	14.04	2
Section 3			
1 Ninas, Crystal	White Bear Lake	13.26	19
2 Ederer, Katie	Blaine	13.45	14
3 Jandrich, Esther	Forest Lake	13.55	13
4 Braddock, Sabrina	Mahtomedi	13.63	12
5 Fahnbuller, Bintu	North	13.82	8.50
6 Falk, Jordan	St. Francis	13.85	7
7 Ritchie, Alaina	Cambridge-Isanti	13.95	4
8 Anderson, Jasmine	Centennial	14.47	1

Event 5 Girls 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Murphey, Nicole	Blaine	12.71	24
2 Homan, Sonja	St. Francis	12.89	23
3 Burman, Lindsay	Cambridge-Isanti	13.01	22
4 Bolton, Mehan	Mahtomedi	13.22	21
5 Acosta, Adri	Forest Lake	13.23	20
6 Ninas, Crystal	White Bear Lake	13.26	19
7 Brett, Taylor	Forest Lake	13.34	18
8 Nelson, Katie	Blaine	13.38	17
9 Ziebarth, Michelle	Cambridge-Isanti	13.41	15.50
10 Murphy, Gabrielle	North	13.45	14
11 Ederer, Katie	Blaine	13.55	13
12 Jandrich, Esther	Forest Lake	13.63	12
13 Braddock, Sabrina	Mahtomedi	13.67	11
14 Johnson, Delaney	Mahtomedi	13.79	10
15 Kinnel, Skye	White Bear Lake	13.82	8.50
16 Fahnbuller, Bintu	North	13.82	8.50
17 Anderson, Chelsey	North	13.82	8.50
18 Falk, Jordan	St. Francis	13.85	7
19 Anderson, Suzette	Centennial	13.87	6

Girls 4x200 Meter Relay

School	Seed	Finals	Points
Finals			
1 St. Francis		1:45.09	32
2 Forest Lake		1:48.78	28
3 White Bear Lake		1:50.15	24
4 Blaine		1:50.48	20
5 Cambridge-Isanti		1:51.25	16
6 Centennial		1:51.40	12
7 North		1:52.28	8
8 Mahtomedi		DQ	

True Team - 5/11/10

Girls Shot Put

Name	Year School	Seed	Finals	Points
Finals				
1 Ewan, Maggie	St. Francis		42-00.00	24
2 Zajac, Haley	Mahtomedi		39-03.00	23
3 Guenther, Samantha	White Bear Lake		38-01.50	22
4 Jergensen, Stephanie	Blaine		37-11.50	21
5 Guenther, Angie	White Bear Lake		37-08.25	20
6 Colter, Rachel	North		35-05.75	19
7 Holmes, Amy	Forest Lake		35-04.25	18
8 O'Donnell, Courtney	Forest Lake		34-08.50	17
9 Ngongang, Vivian	Centennial		34-01.50	16
10 Anderson, Sam	Forest Lake		34-01.00	15
11 Santiago, Emily	Cambridge-Isanti		33-02.50	14
12 McGill, Megan	Mahtomedi		33-00.50	13
13 Hanson, Erin	Centennial		32-01.50	12
14 Kennedy, Heather	Mahtomedi		31-08.00	11
15 Booker, Maya	North		31-02.50	10
16 Grumboffer, Amanda	White Bear Lake		30-07.50	9
17 King, Marissa	Blaine		30-05.00	8
18 Ngongang, Tatiana	Centennial		30-03.50	7
19 Kirtland, Brynn	North		30-01.25	6
20 Larson, Natalie	Cambridge-Isanti		29-08.50	5
21 Veenstra, Brenna	St. Francis		29-00.00	4
22 Anderson, Dani	Blaine		28-06.25	3
23 Lindahl, Adrienne	St. Francis		28-06.00	2

**Event 9 Girls 1600 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Johnson, Kayla	St. Francis	5:15.43	24
2 Colling, Julia	North	5:23.36	23
3 Coulter, Kelsey	White Bear Lake	5:27.43	22
4 Knickerbocker, Hannah	Cambridge-Isanti	5:27.63	21
5 Peterson, Elizabeth	Forest Lake	5:29.30	20
6 Herald, Tera	Blaine	5:30.80	19
7 Korak, Bethany	White Bear Lake	5:31.32	18
8 Wohik, Rocci	Forest Lake	5:31.78	17
9 Winberg, Holly	Forest Lake	5:33.28	16
10 St. Martin, Natalie	Mahtomedi	5:38.28	15
11 Gregory, Elizabeth	Mahtomedi	5:38.67	14
12 Dreesen, Diana	St. Francis	5:41.61	13
13 Bowler, Sarah	Centennial	5:43.33	12
14 Sbogren, Madeline	Blaine	5:46.18	11
15 Hannigan, Rachel	North	5:46.25	10
16 Lauzon, Megan	Mahtomedi	5:48.33	9
17 Frigge, Hannah	Cambridge-Isanti	5:48.66	8
18 Ouellette, Maddi	Cambridge-Isanti	5:48.94	7
19 VanderLinden, Emily	North	5:49.35	6
20 Benson, Natalie	Centennial	5:52.64	5
21 Kaiser, Rachel	White Bear Lake	5:54.44	4
22 Johnson, Julia	Blaine	5:59.73	3
23 Bullen, Dakotah	St. Francis	6:26.75	2
24 Cloutier, Calli	Centennial	6:47.14	1

**Event 11 Girls 4x100 Meter Relay**

School	Finals	Points
<b>Finals</b>		
1 Forest Lake	50.67	32
2 St. Francis	51.20	28
3 White Bear Lake	51.83	24
4 Mahtomedi	52.75	20
5 Cambridge-Isanti	54.01	16
6 Blaine	56.55	12
7 Centennial	56.99	8
8 North	57.81	4

**Event 13 Girls 400 Meter Dash**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Worthington, Kelly	St. Francis	59.11	24
2 Arveson, Elle	Mahtomedi	59.36	23
3 Lachinski, Hailey	Blaine	1:00.87	22
4 Steinhoff, Lara	Forest Lake	1:00.96	21
5 Muehlhauser, Paige	Cambridge-Isanti	1:01.76	20
6 Turi, Emily	North	1:01.81	19
7 Culp, Megan	Centennial	1:03.63	15
8 Woehrlie, Samantha	White Bear Lake	1:04.71	13
<b>Section 2</b>			
1 Neubauer, Brooke	Blaine	1:02.28	18
2 Rivard, Sam	St. Francis	1:02.99	17
3 Hagen, Sarah	Forest Lake	1:04.65	14
4 Walsh, Anna	Mahtomedi	1:05.66	9
5 Keller, Andrea	White Bear Lake	1:05.76	8
6 Young, Allison	Cambridge-Isanti	1:05.55	6
7 Geiser, Emily	North	1:05.75	5
8 Plette, Maria	Centennial	1:08.58	3
<b>Section 3</b>			
1 Pafko, Ashley	Blaine	1:03.19	16
2 Anderson, Nicole	White Bear Lake	1:05.10	12
3 Thordson, Liz	Forest Lake	1:05.46	11
4 Schlenker, Abby	Cambridge-Isanti	1:05.64	10
5 Craft, Melissa	St. Francis	1:06.24	7
6 Frid, Laura	North	1:08.39	4
7 Braddock, Sabrina	Mahtomedi	1:12.44	2

**Event 13 Girls 400 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Worthington, Kelly	St. Francis	59.11	24
2 Arveson, Elle	Mahtomedi	59.36	23
3 Lachinski, Hailey	Blaine	1:00.87	22
4 Steinhoff, Lara	Forest Lake	1:00.96	21
5 Muehlhauser, Paige	Cambridge-Isanti	1:01.76	20
6 Turi, Emily	North	1:01.81	19
7 Neubauer, Brooke	Blaine	1:02.28	18
8 Rivard, Sam	St. Francis	1:02.99	17
9 Pafko, Ashley	Blaine	1:03.19	16
10 Culp, Megan	Centennial	1:03.63	15
11 Hagen, Sarah	Forest Lake	1:04.65	14
12 Woehrlie, Samantha	White Bear Lake	1:04.71	13
13 Anderson, Nicole	White Bear Lake	1:05.10	12
14 Thordson, Liz	Forest Lake	1:05.46	11
15 Schlenker, Abby	Cambridge-Isanti	1:05.64	10
16 Walsh, Anna	Mahtomedi	1:05.66	9
17 Keller, Andrea	White Bear Lake	1:05.76	8
18 Craft, Melissa	St. Francis	1:06.24	7
19 Young, Allison	Cambridge-Isanti	1:06.55	6
20 Geiser, Emily	North	1:06.75	5
21 Frid, Laura	North	1:08.39	4
22 Plette, Maria	Centennial	1:08.58	3
23 Braddock, Sabrina	Mahtomedi	1:12.44	2

**Event 15 Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Townley, Kirstie	White Bear Lake	46.83	24
2 Van Heel, Ann	Forest Lake	47.47	23
3 Destache, Jackie	Mahtomedi	47.48	22
4 Ogne, Taylor	North	49.62	20
5 Jones, Erin	Centennial	49.94	18.50
6 Kalk, Rachel	Cambridge-Isanti	50.09	17
7 Ohmann, Andrea	Blaine	50.41	16
8 Holthus, Heidi	St. Francis	51.59	11.50
<b>Section 2</b>			
1 Schroeder, Leslie	White Bear Lake	48.09	21
2 Destache, Tera	Mahtomedi	49.94	18.50
3 Peterson, Tessa	North	50.61	15
4 Redfield, Megan	Cambridge-Isanti	51.46	13
5 Clifford, Julia	Blaine	51.76	10
6 Cannon, Emma	Centennial	51.79	9
7 Litecky, Elsa	Forest Lake	52.71	6
8 Cich, Ronny	St. Francis	55.01	4
<b>Section 3</b>			
1 Kirkland, Amanda	White Bear Lake	50.62	14
2 Larson, Natalie	Cambridge-Isanti	51.59	11.50
3 Holsten, Hannah	Mahtomedi	51.99	8
4 Carlson, Amanda	North	52.19	7
5 Young, Amanda	Blaine	54.01	5
6 Larson, Tori	St. Francis	55.56	3
7 Kieselhorst, Suzie	Centennial	57.30	2
8 Smoczyk, Amber	Forest Lake	59.13	1

**Event 15 Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Townley, Kirstie	White Bear Lake	46.83	24
2 Van Heel, Ann	Forest Lake	47.47	23
3 Destache, Jackie	Mahtomedi	47.48	22
4 Schroeder, Leslie	White Bear Lake	48.09	21
5 Ogne, Taylor	North	49.62	20
6 Jones, Erin	Centennial	49.94	18.50
7 Destache, Tera	Mahtomedi	49.94	18.50
8 Kalk, Rachel	Cambridge-Isanti	50.09	17
9 Ohmann, Andrea	Blaine	50.41	16
10 Peterson, Tessa	North	50.61	15
11 Kirkland, Amanda	White Bear Lake	50.62	14
12 Redfield, Megan	Cambridge-Isanti	51.46	13
13 Holthus, Heidi	St. Francis	51.59	11.50
14 Larson, Natalie	Cambridge-Isanti	51.59	11.50
15 Clifford, Julia	Blaine	51.76	10
16 Cannon, Emma	Centennial	51.79	9
17 Holsten, Hannah	Mahtomedi	51.99	8
18 Carlson, Amanda	North	52.19	7
19 Litecky, Elsa	Forest Lake	52.71	6
20 Young, Amanda	Blaine	54.01	5
21 Cich, Ronny	St. Francis	55.01	4
22 Larson, Tori	St. Francis	55.56	3
23 Kieselhorst, Suzie	Centennial	57.30	2
24 Smoczyk, Amber	Forest Lake	59.13	1

**Event 29 Girls High Jump**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Olsen, Kirsten	Blaine	5-00.00	24
2 Haxner, Sammi	Mahtomedi	J5-00.00	23
3 Ogne, Taylor	North	J5-00.00	22
4 Nelson, Grace	Cambridge-Isanti	4-10.00	21
5 Krosbus, Lizzi	Mahtomedi	J4-10.00	20
6 Shumaker, Rachel	Forest Lake	4-08.00	18.50
8 Rogers, Hannah	Blaine	4-08.00	18.50
8 Greeder, Ashley	Mahtomedi	J4-08.00	17
9 Zoumanigui, Antoinette	Blaine	J4-08.00	15.50
9 Longfellow, Annie	Forest Lake	J4-08.00	15.50
11 Odmark, Ellen	White Bear Lake	J4-08.00	14
12 Townley, Kirstie	White Bear Lake	4-06.00	13
13 Page, Katrina	Cambridge-Isanti	J4-06.00	11.50
13 Douglass, Sarah	Cambridge-Isanti	J4-06.00	11.50
15 Lawson, Hannah	Forest Lake	J4-06.00	10
16 Patterson, Allie	Centennial	4-03.00	9
17 Plette, Maria	Centennial	J4-03.00	8
18 Longendyke, Katie	White Bear Lake	J4-03.00	7
19 Hicks, Katie	St. Francis	J4-03.00	6
20 Tdy, Emily	North	4-00.00	5
21 Binich, Liz	Centennial	J4-00.00	4
22 Kane, Amanda	North	J4-00.00	3

**True Team - 5/11/10**

**Event 17 Girls 800 Meter Run**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Johnson, Kayla	St. Francis	2:22.67	23
2 Kienholz, Megan	Centennial	2:23.69	22
3 Lutz, Jordan	Mahtomedi	2:24.94	21
4 Janssen, Cassie	North	2:26.81	20
5 Harper, Erin	Blaine	2:27.50	18
6 Muehlhauser, Paige	Cambridge-Isanti	2:28.88	16
7 Thobe, Cassie	Forest Lake	2:29.56	15
8 Kozak, Bethany	White Bear Lake	2:29.83	14
<b>Section 2</b>			
1 Kne, Alaina	St. Francis	2:22.52	24
2 Foley, Jordyn	White Bear Lake	2:27.17	19
3 Turi, Rachel	North	2:27.91	17
4 Van Bergen, Abbie	Forest Lake	2:33.38	12
5 Kretschmer, Lexie	Centennial	2:35.10	10
6 Stratton, Amanda	Blaine	2:36.38	7
7 Ledermann, Katie	Mahtomedi	2:39.39	4
8 Ouellette, Maddi	Cambridge-Isanti	2:39.99	2
<b>Section 3</b>			
1 Anderson, Ally	Blaine	2:32.49	13
2 Dreesen, Diana	St. Francis	2:33.69	11
3 Sell, Abbie	White Bear Lake	2:35.26	9
4 Lipp, Heather	Forest Lake	2:35.32	8
5 Hannigan, Rachel	North	2:38.37	6
6 Benson, Amber	Cambridge-Isanti	2:38.82	5
7 Anderson, Bailey	Mahtomedi	2:39.73	3
8 Strencha, Becca	Centennial	2:53.38	1

**Event 17 Girls 800 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Kne, Alaina	St. Francis	2:22.52	24
2 Johnson, Kayla	St. Francis	2:22.67	23
3 Kienholz, Megan	Centennial	2:23.69	22
4 Lutz, Jordan	Mahtomedi	2:24.94	21
5 Janssen, Cassie	North	2:26.81	20
6 Foley, Jordyn	White Bear Lake	2:27.17	19
7 Harper, Erin	Blaine	2:27.50	18
8 Turi, Rachel	North	2:27.91	17
9 Muehlhauser, Paige	Cambridge-Isanti	2:28.88	16
10 Thobe, Cassie	Forest Lake	2:29.56	15
11 Kozak, Bethany	White Bear Lake	2:29.83	14
12 Anderson, Ally	Blaine	2:32.49	13
13 Van Bergen, Abbie	Forest Lake	2:33.38	12
14 Dreesen, Diana	St. Francis	2:33.69	11
15 Kretschmer, Lexie	Centennial	2:35.10	10
16 Sell, Abbie	White Bear Lake	2:35.26	9
17 Lipp, Heather	Forest Lake	2:35.32	8
18 Stratton, Amanda	Blaine	2:36.38	7
19 Hannigan, Rachel	North	2:38.37	6
20 Benson, Amber	Cambridge-Isanti	2:38.82	5
21 Ledermann, Katie	Mahtomedi	2:39.39	4
22 Anderson, Bailey	Mahtomedi	2:39.73	3
23 Ouellette, Maddi	Cambridge-Isanti	2:39.99	2
24 Strencha, Becca	Centennial	2:53.38	1

**Event 21 Girls 3200 Meter Run**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Knickerbocker, Hannah	Cambridge-Isanti	11:53.71	24
2 Peterson, Elizabeth	Forest Lake	11:58.23	23
3 Woll, Rocco	Forest Lake	12:00.75	22
4 Hereid, Tara	Blaine	12:04.96	21
5 Gregory, Elizabeth	Mahtomedi	12:06.66	20
6 Winberg, Holly	Forest Lake	12:10.70	19
7 O'Hotto, Rebecca	St. Francis	12:22.44	18
8 Nelson, Alex	Cambridge-Isanti	12:24.78	17
9 Coulter, Kelsey	White Bear Lake	12:25.91	16
10 Ogne, Baileigh	North	12:31.80	15
11 St. Martin, Natalie	Mahtomedi	12:35.10	14
12 Lauzon, Megan	Mahtomedi	12:37.64	13
13 Shogren, Madeline	Blaine	12:49.60	12
14 Schlafke, Katie	White Bear Lake	12:57.43	11
15 Jansen, Anika	Centennial	12:59.20	10
16 Gill, Charlotte	North	13:00.93	9
17 Florin, Heidi	North	13:31.09	8
18 Johnson, Dayna	White Bear Lake	13:35.10	7
19 Hoyles, Katie	Blaine	13:36.48	6
20 Ouellette, Taylor	Cambridge-Isanti	13:39.62	5
21 Bullen, Dekotah	St. Francis	14:13.35	4
22 Tolkinen, Jane	Centennial	15:03.25	3

**Event 23 Girls 4x400 Meter Relay**

School	Finals	Points
<b>Finals</b>		
1 St. Francis	4:07.34	32
2 Mahtomedi	4:10.27	28
3 Blaine	4:14.73	24
4 White Bear Lake	4:15.63	20
5 Forest Lake	4:15.76	16
6 North	4:18.82	12
7 Cambridge-Isanti	4:19.85	8
8 Centennial	4:23.34	4

**Event 19 Girls 200 Meter Dash**

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Justin, Jessica	St. Francis	26.45	24
2 Jones, Calley	Forest Lake	26.60	23
3 Schevenius, Laura	Centennial	26.97	22
4 Arveson, Elle	Mahtomedi	26.99	21
5 Blair, Maggie	Blaine	27.01	20
6 Burman, Lindsay	Cambridge-Isanti	27.53	16.50
7 Watson, Hannah	White Bear Lake	28.08	11
8 Brastad, Kristin	North	28.38	9
<b>Section 2</b>			
1 Acosta, Adri	Forest Lake	27.32	18
2 Bolton, Mehan	Mahtomedi	27.64	15
3 Stedman, Julia	North	27.85	14
4 Pawlik, Hannah	Blaine	27.99	13
5 Young, Erica	Cambridge-Isanti	28.06	12
6 Bogdanovich, Samantha	White Bear Lake	28.41	7.50
7 Craft, Melissa	St. Francis	28.62	5
8 Piette, Maria	Centennial	29.54	2
<b>Section 3</b>			
1 Lachinski, Hailey	Blaine	27.21	19
2 McKloney, Tianna	White Bear Lake	27.53	16.50
3 Langmade, Tara	Mahtomedi	28.31	10
4 Cheikh, Amina	Forest Lake	28.41	7.50
5 Ziebarth, Michelle	Cambridge-Isanti	28.42	6
6 Pearson, Jessica	North	29.20	4
7 Hanson, Erin	Centennial	29.30	3

**Event 19 Girls 200 Meter Dash**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Justin, Jessica	St. Francis	26.45	24
2 Jones, Calley	Forest Lake	26.60	23
3 Schevenius, Laura	Centennial	26.97	22
4 Arveson, Elle	Mahtomedi	26.99	21
5 Blair, Maggie	Blaine	27.01	20
6 Lachinski, Hailey	Blaine	27.21	19
7 Acosta, Adri	Forest Lake	27.32	18
8 Burman, Lindsay	Cambridge-Isanti	27.53	16.50
9 McKloney, Tianna	White Bear Lake	27.53	16.50
10 Bolton, Mehan	Mahtomedi	27.64	15
11 Stedman, Julia	North	27.85	14
12 Pawlik, Hannah	Blaine	27.99	13
13 Young, Erica	Cambridge-Isanti	28.06	12
14 Watson, Hannah	White Bear Lake	28.08	11
15 Langmade, Tara	Mahtomedi	28.31	10
16 Brastad, Kristin	North	28.38	9
17 Bogdanovich, Samantha	White Bear Lake	28.41	7.50
18 Cheikh, Amina	Forest Lake	28.41	7.50
19 Ziebarth, Michelle	Cambridge-Isanti	28.42	6
20 Craft, Melissa	St. Francis	28.62	5
21 Pearson, Jessica	North	29.20	4
22 Hanson, Erin	Centennial	29.30	3
23 Piette, Maria	Centennial	29.54	2

**Event 27 Girls Triple Jump**

Name	Year School	Finals	Points
<b>Finals</b>			
1 Pett, Amanda	St. Francis	35-11.00	24
2 Murphey, Nicole	Blaine	35-05.00	23
3 Kalk, Rachel	Cambridge-Isanti	34-10.50	22
4 Townley, Kirstie	White Bear Lake	34-06.75	21
5 Murphy, Gabrielle	North	34-02.00	20
6 Stedman, Julia	North	33-01.00	19
7 Bilderback, Kayla	Centennial	32-10.75	18
8 Kroshus, Lizzi	Mahtomedi	32-09.00	17
9 Johnson, Delaney	Mahtomedi	32-06.50	16
10 Pieper, Brittany	Mahtomedi	32-04.75	15
11 Mueller, Hannah	Cambridge-Isanti	32-02.75	14
12 Danninger, Erin	Forest Lake	32-00.25	13
13 Ederer, Katie	Blaine	32-00.00	12
14 Gapp, Elizabeth	White Bear Lake	31-08.50	11
15 Larson, Natalie	Cambridge-Isanti	31-08.50	10
16 Ternes, Allison	White Bear Lake	31-07.00	9
17 Kirchner, Krista	Forest Lake	31-06.00	8
18 Sues, Kayla	Forest Lake	30-07.25	7
19 Pafko, Ashley	Blaine	30-05.75	6
20 Hunt, Ann	St. Francis	29-04.75	5
21 Gray, Megan	North	29-01.00	4
22 Crocker, Nicole	Centennial	28-09.00	3
23 Cafferty, Abby	Centennial	27-07.75	2
24 Meyer, Tanya	St. Francis	24-10.00	1

**True Team - 5/11/10**

1	Murphey, Nicole	Blaine	17-11.50	24	Finals	1	Brett, Taylor	Forest Lake	10-06.00	24
2	Murphy, Gabrielle	North	15-11.25	23		2	Blair, Maggie	Blaine	9-06.00	23
3	Mueller, Hannah	Cambridge-Isanti	15-10.25	22		3	Vincent, Nicole	St. Francis	99-06.00	22
4	Bilderback, Kayla	Centennial	15-10.00	21		4	Pringle, KC	Forest Lake	9-00.00	21
5	Kalk, Rachel	Cambridge-Isanti	15-07.25	20		5	LaBeaux, Lindsey	St. Francis	99-00.00	20
6	Pieper, Brittany	Mahtomedi	15-07.00	19		6	Johnson, Maggie	Cambridge-Isanti	8-06.00	19
7	Suess, Kayla	Forest Lake	15-05.00	18		7	Nelson, Adelle	Cambridge-Isanti	8-00.00	18
8	Pett, Amanda	St. Francis	15-03.50	17		8	Clifford, Julia	Blaine	98-00.00	17
9	Pringle, KC	Forest Lake	15-03.50	16		9	Walker, Sarah	Centennial	7-00.00	14
10	Danninger, Erin	Forest Lake	14-11.75	15		9	O'Grady, Marisa	Centennial	7-00.00	14
11	Mosley, Krystal	Blaine	14-10.25	14		9	Hronski, Danielle	White Bear Lake	7-00.00	14
12	Fahnbulleh, Bintu	North	14-09.75	13		9	Coboes, Hailee	Forest Lake	7-00.00	14
13	Nassif, Nadia	Cambridge-Isanti	14-09.75	12		9	Brown, McKenzie	White Bear Lake	7-00.00	14
14	Stedman, Julia	North	14-08.50	11		14	Seidel, Melissa	White Bear Lake	97-00.00	11
15	Craft, Melissa	St. Francis	14-05.00	10		15	Schottars, Brooke	Centennial	97-00.00	9.50
16	Hulkonen, Jamie	White Bear Lake	14-03.25	9		15	Anderson, Rocelle	Cambridge-Isanti	97-00.00	9.50
17	Mirza, Jordan	White Bear Lake	14-00.00	8		17	Kurkowski, Sami	Mahtomedi	6-00.00	6.50
18	Gapp, Elizabeth	White Bear Lake	14-00.00	7		17	Nelson, Kelsey	Mahtomedi	6-00.00	6.50
19	Nester, Sara	Mahtomedi	13-09.75	6		17	Larson, Trista	North	6-00.00	6.50
20	Walker, Sarah	Centennial	13-08.00	5		17	Diesslin, Theresa	North	6-00.00	6.50
21	Nelson, Kelsey	Mahtomedi	13-04.50	4		21	Maixner, Sammi	Mahtomedi	96-00.00	4
22	Ederer, Katie	Blaine	13-04.25	3		--	Roover, Jessica	Blaine	NH	
23	Ewen, Alicia	St. Francis	13-01.75	2						
24	Ngongang, Tatiana	Centennial	12-00.00	1						

**Minnesota State True Team - 5/11/2010**  
**Section SAAA - Track & Field Championship**  
**White Bear Stadium**  
**Team Rankings - Through Event 35**

**Female Team Scores**

Place	School	Points
1	Forest Lake	732.50
2	Blaine	692
3	White Bear Lake	658
4	Mahtomedi	656.50
5	Cambridge-Isanti	585
6	North	533.50
7	St. Francis	520.50
8	Centennial	376
<b>Total</b>		<b>4,754.00</b>

